Local resource contacts

Verified Great Falls and Cascade County listings, November 2026. Hours change, so please call ahead. Where a listing says “call to confirm,” please do.

24/7 crisis and help

911
Police, fire, or a medical emergency.

988 Suicide & Crisis Lifeline
Free help if you are in crisis. 24/7.
Veterans: dial 988, then press 1.

211
Food, shelter, rent, and other help. 24/7.
Or call 406-268-1337.

Voices of Hope
A free, confidential crisis line. 24/7.
406-453-4357

YWCA Mercy Home
24-hour crisis line for people in danger or leaving abuse. This is not a general walk-in homeless shelter. Services are available to men, women, and children.
Crisis line 406-453-1018 or 800-352-7449. Office: 220 2nd Street North, 406-452-1315.
Call to confirm shelter intake hours.

Crisis text line
Text MT to 741741. 24/7.

A place to sleep tonight

When it feels like 32 degrees or colder, the Rescue Mission is open all night, 10 PM to 7 AM. Call 406-761-0095. After 10 PM, call the Men’s Shelter at 406-761-0095.

Great Falls Rescue Mission shelters
Men’s Shelter: 326 2nd Ave S, 406-761-0095 (24/7).
Women’s Shelter: 317 2nd Ave S, 406-452-1483 (24/7).
Cameron Family Center (families): 408 2nd Ave S, 406-761-2145.

YWCA Mercy Home (domestic violence shelter)
Call the 24-hour crisis line first: 406-453-1018 or 800-352-7449.
This is shelter and advocacy for survivors of domestic violence and sexual assault, not a general walk-in homeless shelter.
Call to confirm shelter intake hours.

Family Promise of Great Falls

Temporary housing for families with children under 18. They also help families who may lose their housing. Call first. This is not a same-day walk-in shelter.

Office: 1019 Central Ave, 406-564-5267. Monday–Thursday 9 AM–3 PM.

Grace Home Veterans Center

A place to stay for a while for male veterans who do not have a home. Call first. This is for men only, and it is not a walk-in overnight shelter.

2211 5th Ave N, 406-952-0699. Call to confirm hours.

Opportunities, Inc. housing help

Housing help, Housing Choice Vouchers, and food vouchers.

905 1st Ave N. Monday–Friday 8 AM–5 PM.

406-761-0310 is Great Falls' housing intake / Coordinated Entry line.

Great Falls Housing Authority

Public housing and Section 8 applications. Not same-day housing and not emergency rent money.

1500 Chowen Springs Loop, 406-453-4311.

Monday–Thursday 8:30 AM–4:30 PM, Friday 8:30 AM–1:30 PM.

Food

Great Falls Rescue Mission meals

Free lunch at 12:15 PM and dinner at 6:15 PM every day. Walk in.

Men: 326 2nd Ave S, 406-761-0095. Women: 317 2nd Ave S, 406-452-1483. Families: 408 2nd Ave S, 406-761-2145.

Call to confirm times.

Grocery box through Opportunities, Inc.

The Community Food Bank at 1620 12th Ave N does not hand food directly to people.

Step 1: Go to Opportunities, Inc., 905 1st Ave N. Ask for a food voucher. Monday–Friday 8 AM–5 PM. 406-761-0310.

Step 2: Take the voucher to the pantry they assign.

If they send you to the FISH pantry (in the Food Bank building at 1620 12th Ave N), it is open Monday–Friday 9–11 AM. You need that referral slip. 406-452-3474.

Angel Room (St. Vincent de Paul)

Breakfast, lunch, and meals you can take with you. Daily showers, laundry, clothing, bedding, and blankets. Walk in.

500 Central Ave W, 406-315-3400. Daily 8 AM–2 PM (winter hours).

Salvation Army Hope Market

A grocery pantry where you choose your food. This is a different door from the Corps office.

527 9th Ave S, 406-761-5660. Monday–Friday 10 AM–12 PM and 1–3 PM.

The Corps office is at 1000 17th Ave S, 406-453-0391. That is not the pantry door.

St. Vincent de Paul Food Pantry

Free groceries. 426 Central Ave W, 406-761-0870. For rent, utility, or ID help, call Charity Services at 406-761-0111 — that is a different program.

Monday, Wednesday, and Friday 9–11:30 AM and 1–3:30 PM.

Call to confirm. Call to ask if a voucher is needed.

Vineyard Mercy food boxes

A box of groceries at the church every Saturday from 9–11 AM. Walk in. Call if you have questions.

1617 6th Ave N, 406-452-8448. Saturday 9–11 AM.

Helping Hands of Great Falls

Food pantry, plus clothing and hygiene items when available. Open Saturdays.

726 2nd Ave N, 406-453-9551.

Call to confirm today's hours.

Set Free weekly food drops

Food drops on Set Free’s calendar, in addition to Saturday dinner. Monday and Thursday 11 AM–12 PM at 216 9th St N, 406-453-4479. Other stops in Vaughn, at First Church of the Nazarene, Sunrise Court, and Fort Shaw.

Call the number for that stop if you can.

Set Free Montana Saturday dinner

Free dinner at 5:30 PM on Saturday. Church at 6:30 PM. 216 9th St N, 406-453-4479.

Sun River Valley Food Bank

Weekly food help for Simms, Fort Shaw, Sun River, Vaughn, and Sun Prairie.

14 Ramble Inn Rd, Sun River, 406-899-0635. Monday 4–6 PM, or by appointment.

Cascade Food Bank

2 Central Ave West, Cascade. A phone number and hours were not listed on the directory page we checked.

Call 211 to confirm hours before you travel.

Office of Public Assistance (DPHHS)

Apply here for SNAP (food stamps), TANF, Medicaid, Healthy Montana Kids, and energy help. This office takes applications. It is not a food pantry.

201 First St S, Suite 1, 1-888-706-1535. Monday–Friday 8 AM–5 PM. Apply online at apply.mt.gov.

WIC

Food help for pregnant women, new moms, and children under 5. Bring a photo ID, proof of address, proof of income, and a Medicaid card if you have one.

Cascade County WIC, 115 4th St S, 406-454-6953. Monday–Friday 8 AM–12 PM and 1–5 PM.

School meals

Free or lower-cost breakfast and lunch. Pick up an application at any Great Falls Public Schools office. One application covers all the children in your family.

Nutrition Program: 406-268-6047. Call the Nutrition Program to ask.

Heat, rent, and bills

LIHEAP, weatherization & Energy Share

LIHEAP helps pay winter heating bills from October 1 to April 30 for renters and homeowners. Weatherization help is available all year on the same application. Emergency Energy Share help is also through this office.

Apply at Opportunities, Inc., 905 1st Ave N, 406-761-0310, or toll-free 1-800-326-0955. Monday–Friday 8 AM–5 PM. Apply online at apply.mt.gov.

NorthWestern Energy

Ask about a payment plan or a later due date. If you are approved for LIHEAP, you may also get a NorthWestern bill discount.

888-467-2669. Monday–Friday 7 AM–6 PM. Call first.

Lifeline (phone or internet discount)

A monthly discount on phone or internet. You may qualify if you get SNAP, Medicaid, SSI, or housing help.

Montana consumer help: 800-646-6150. lifelinesupport.org.

NeighborWorks Great Falls — Stay in Your Home

Help to keep you from being evicted if you are struggling to pay rent. Appointment.

509 1st Ave S, 406-761-5861. Monday–Thursday 8 AM–5 PM, Friday 8 AM–12 PM.

Salvation Army Family Services

Help with rent, mortgage, and utility bills.

527 9th Ave S, 406-761-5660. Monday–Friday 10 AM–12 PM and 1–3 PM.

St. Vincent de Paul Charity Services

Help with some rent and utility costs, clothing or household items, and help getting a birth certificate, state ID, or Social Security card. This is a different program from the food pantry (406-761-0870).

426 Central Ave W, 406-761-0111. Monday, Wednesday, and Friday 9–11:30 AM and 1–3:30 PM.

Call to confirm which door to use.

Montana Legal Services Association

Free civil legal help, including evictions, if you qualify. MLSA also helps Native Americans with tribal-court matters and other civil legal issues. For eviction guidance, text START to 406-324-7880.

Helpline 1-800-666-6899, Tuesday–Thursday 9 AM–1 PM. Apply at mtlsa.org.

Health, kids, showers, clothes, and jobs

Alluvion Health

Medical, dental, mental health, and pharmacy help. You pay what you can. Bring proof of income for the lower fee. Dental is by appointment, but they take emergency walk-ins first come, first served. No one is turned away if they cannot pay.

601 1st Ave N. Medical 406-454-6973. Dental 406-791-9267.

Medical hours Monday–Friday 7 AM–6 PM, Saturday 8 AM–5 PM. Walk-ins welcome.

Many Rivers Whole Health

Counseling, mental health care, and substance-use treatment (formerly Center for Mental Health). Arrive early, because space is limited. After hours, this phone goes to Voices of Hope. No one is turned away if they cannot pay.

915 1st Ave S, 406-761-2100. Walk-in care Monday–Friday 8 AM–5 PM.

Indian Family Health Clinic

Medical, behavioral health, and chemical dependency care. Native and non-Native people are welcome. This is not an IHS hospital; there is no IHS hospital in Great Falls.

1220 Central Avenue, 406-268-1510. Monday–Friday 7 AM–5 PM.

Alliance for Youth Resource Center

Drop-in help for youth ages 13–20: food, a meal at 5 PM, showers, laundry, clothing, and connections to school, work, and housing.

3220 11th Ave S, 406-952-0136. Monday–Friday, starting at 1 PM.

Call to confirm today's closing time.

Alcoholics Anonymous (Great Falls)

Walk in to an open meeting, or check the official meeting list. District 41 hotline 833-800-8553. Do not use 406-452-1234.

Many meetings are at 111 Center, 1225 8th Ave N. aa-montana.org.

Narcotics Anonymous (Montana)

24/7 helpline 800-990-6262. Check namontana.org for current meetings.

Cascade County Aging Services / Meals on Wheels

For people 60 and older: meals, Medicare counseling, rides, and referrals. Meals on Wheels: 406-454-6993. Main office: 1801 Benefis Court, 406-454-6990. Monday–Friday 8 AM–5 PM.

Great Falls Transit reduced fares

Reduced fares for students, seniors 60 and over, and eligible riders with a disability. There is no general low-income fare listed. Main office 406-727-0382. Paratransit reservations 406-452-7272.

3905 North Star Blvd.

Great Falls Public Library

A library card, computers, and a warm place to sit. You do not have to have a permanent address. Ask at the reference desk for a visitor computer pass.

301 2nd Ave North, 406-453-0349.

Volunteers of America veteran services

SSVF help for veterans who need to stay housed. 11 6th Street South, 406-315-8449.

Call to confirm hours.

Best Beginnings Child Care Scholarship

Help paying for licensed child care. Apply through the state's MAQCS Parent Portal. Family Connections can help you apply.

Family Connections, 410 Central Ave, Suite 402, 406-761-6010. Toll-free 800-696-4503. Monday–Friday 8 AM–5 PM.

Head Start & Early Head Start

Free early learning for qualifying families, for children from birth to age 5. Applications are accepted year-round.

Opportunities, Inc., 1220 3rd Ave S, 406-453-5415. Call to ask about hours.

Toby's House Crisis Nursery

Free crisis child care for ages 0–6. There is no income limit. Call first.

421 5th St N, 406-770-3191. Monday–Friday 8 AM–11:30 PM. Saturday 8 AM–3:30 PM.

Echoz

Free, private pregnancy support and baby supplies. Bring a photo ID. Appointment.

1323 9th Ave S. Call or text 406-727-1850. Monday–Thursday 10 AM–5 PM, Friday 11 AM–4 PM.

Emilie Center

Free clothing, furniture, baby items, and household goods. Get a voucher from a partner such as Opportunities, Inc., Salvation Army, the Rescue Mission, a hospital, a school, or a church.

1920 10th Ave S, 406-771-6695. Tuesday–Thursday 9 AM–3 PM.

Job Service Montana

Help looking for a job, writing a resume, filing for unemployment, and finding training. Walk-ins welcome.

1018 7th St S, 406-791-5800. Monday–Friday 8 AM–5 PM. Call to confirm hours.

Rural Dynamics (RDI)

Free one-on-one help with money questions. They also offer free IRS-certified tax prep (VITA) during tax season, usually January–April.

2 5th St N, Suite 201, 406-403-8162. Call to ask about hours and tax-prep dates.

Native American resources

On gfhelp.org, choose "I am Native American" in the walk-through to see tribe-only services in the short plan. Eligibility differs by program.

Indian Family Health Clinic

See the health section above. Native and non-Native people are welcome.

Little Shell Tribal Health Clinic

Primary care, behavioral health, pharmacy, lab, dental, and vision. For Little Shell members and members of other federally recognized tribes, not the general public.

425 Smelter Ave NE, 406-760-2055. Monday–Friday 8 AM–5 PM. Walk-ins may be available depending on staffing.

Little Shell Miijim Center (food packages)

Monthly USDA food packages (FDPIR). The Tribe's official newsletter says households that qualify for SNAP or meet income standards may apply. You cannot receive SNAP and FDPIR in the same month. Call to confirm whether your household qualifies.

1301 Stuckey Road, 406-315-2400 ext. 130.

Call to confirm hours and eligibility.

Little Shell Tribe Housing Assistance Program

For enrolled Little Shell homeowners in Cascade, Blaine, Hill, or Glacier Counties who meet income limits. Appliance upgrades, and limited emergency furnace, fridge, or stove help for elders and disabled members. This is not general emergency rent help and is not open to the public at large.

511 Central Ave W, 406-315-2400 ext. 133. Applications in person are by appointment.

Call to confirm.

Little Shell enrollment and tribal ID

Apply for Little Shell enrollment or a tribal ID at the tribal office. Enrollment and a tribal ID use separate forms. There is an enrollment application fee; call to confirm the amount and what to bring.

511 Central Ave W, 406-315-2400. Email forms to frontdesk@lstribe.org.

Call to confirm office hours.

Montana United Indian Association (WIOA jobs)

Job training, career counseling, and related employment help for urban Native Americans. Applications ask for proof of tribal enrollment.

625 Central Ave W, Suite 102, 406-315-3413.

Call to confirm hours.

Great Falls Public Schools Indigenous Education (Title VI)

Culturally related academic support for Native students in Great Falls Public Schools. Ask about the 506 form. This is not a general community walk-in office.

Indigenous Education Department, 2400 Central Avenue, 406-268-6669. Director 406-268-6003.

Call to confirm hours.

Churches that welcome people

These listings are from the November 2026 verified list. Call about a ride before you count on one.

Set Free Montana

216 9th St N, 406-453-4479. Saturday dinner 5:30 PM, service 6:30 PM. Call about a ride.

Vineyard Great Falls

1617 6th Ave N, 406-452-8448. Sunday 10 AM, in person and online. No regular rides. Call if you need help getting there.

Victory Church

3001 13th St S, 406-452-6451. Sunday 8:30, 10:00, and 11:30 AM. Call about a ride.

New City Church

205 River Dr S, 406-727-4849. Sunday 8:30, 10:30, and 12:30 PM. Call about a ride.

Solid Rock Bible Church

751 4th Ave NW, 406-453-0895. Sunday 10 AM. Call about a ride. Call to confirm the phone number.